

CHURCH OF THE ASCENSION

323 Reform St. N.
NYA, MN. 55368

PASTOR

Fr. Abraham Kochupurackal CMI
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frabraham@st-bernard-cologne.org

ST. BERNARD CHURCH

212 Church Street E.
Cologne, MN. 55322



Website: www.ascensionstbernardparishes.org

Parish Office Hours:

Mon., Wed., & Fri. 10am—2pm

Office Phone: 952-467-3351

Business Administrator:

Virginia Hanson ...952-777-0110

busadmin@ascensionnya.org

Safe Environment Coordinator:

Virginia Hanson ...952-777-0110

busadmin@ascensionnya.org

Tues 10am-2pm & Fri. 9am—2pm

Office Phone: 952-466-2031

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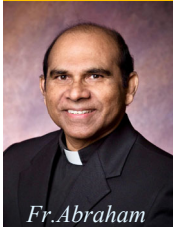
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The Most Holy Body And Blood of Christ (Corpus Christi)– June 6 & 7, 2026



Fr. Abraham

The Eucharist: The Lord's Enduring Gift to Us

Dear Brothers and Sisters,

This weekend, we celebrate the **Feast of Corpus Christi**. It is especially fitting that our parish concludes the 40 Hours of Adoration on the eve of the solemnity with the Eucharistic procession and the Benediction. I express my **gratitude to all** who signed up and participated in the **40 Hours of Adoration**. I am also grateful to all who worked hard and prayed for the success of this great devotion.

Our belief in the Real Presence of Jesus in the Holy Eucharist comes from Christ's promise to give us His Body and Blood as our spiritual food and drink, as found in the Gospels. Eucharistic theology explains this Real Presence through the doctrine of *transubstantiation*: the entire "substance" of bread and wine is changed into the glorified Body and Blood of Christ, while only the appearances—taste, color, and form—of bread and wine remain.

The bread and wine are transformed so that we too may be transformed into sons and daughters of God. The Church, gathered from every part of the world, is rightly called the Body of Christ. As St. Paul tells us, "Now you are the body of Christ and individually members of it" (1 Cor. 12:27). Through this Solemnity, we renew our commitment to this transformation, and our commitment to the Lord who is truly present in the Most Holy Sacrament of the Eucharist.

The celebration of the Solemnity of the Body and Blood of Christ is an opportunity to focus more deeply on the Mass and the Eucharist. Holy Communion is meant to foster the abiding presence of the Lord in our souls and hearts. The Eucharist is the Lord's enduring gift to us. We receive His Body, His Blood, His humanity, and His divinity. We speak to Him within our hearts, and He speaks to us—calling us to unite our sufferings with his Cross and strengthening us with the living Bread for our journey.

The Feast of the Body and Blood of Christ invites us to renew and deepen our faith in the Eucharist. When our faith in the Real Presence of Jesus is strong, our desire to participate in Mass and receive Holy Communion frequently is strengthened. May Holy Communion and Eucharistic adoration strengthen our unity, mutual love, and spiritual and physical well-being.

Congratulations to our newly ordained priest, Father Adam Worm.

We give thanks to the Lord for the gift of his vocation and for the generosity with which he has responded to God's call. We also offer our sincere congratulations and appreciation to his parents and family for their loving support and prayers throughout his journey. I am happy to announce that Father Adam will be coming to our parish to celebrate Mass with us on Sunday, June 14, at 8:00 am and 10:00 am. Please join us for the reception after 10:00am Mass at St. Bernard as we warmly welcome and support him as he begins his priestly ministry.

Yours in Christ,

Fr. Abraham Kochupurackal CMI

Pastor

Rosary Intention: For deeper love of Our Lord in the Eucharist.

Parish Mission Statement We, the family of St. Bernard and Ascension, united through Baptism, redeemed by Christ's death and resurrection, and strengthened by his Word and Eucharist, are called to follow him by nurturing a rich sacramental and spiritual life, supporting strong Catholic faith formation and fostering fellowship and community.



**CALENDAR FOR ASCENSION AND
ST. BERNARDS' PARISHES**

Monday	June. 8		No Mass:
Tuesday	June. 9	ASC. ASC. ASC.	Adoration: 3pm-6pm Confession: 5:45-6:05pm Mass: 6:15pm
Wednesday	June. 10	ST. B. ST. B. ST. B.	Confession: 7:30am Mass: 8:00am Adoration: 2pm-6pm
Thursday	June. 11	ST. B.	Mass: 8:00am
Friday	June. 12	ASC.	Mass: 8:00am
Saturday	June. 13	ASC. ASC.	Confession: 4:30pm-4:50pm Mass: 5:00pm
Sunday	June. 14	ASC. ST. B.	Mass: 8:00am Mass: 10:00am

**What is going on in our Parishes
and in the Community**

We are looking for a Faith Formation Director: Ascension/St. Bernard are currently looking for someone to take over the Faith Formation Program! If anyone is interested in learning more about the position please contact Virginia at 952-467-3351 or email busadmin@ascensionny.org.

Fr. Adam Worm from St. Bernard who was ordained as a Priest on Friday, June 5th, will be celebrating Mass on Sunday June 14th at both the 8:00am Mass at Ascension and the 10:00am Mass at St. Bernard. We will have a reception to follow the 10:00am Mass. Please keep him in your prayers as he begins his Ministry!

Memorial Decorations that have not been picked up yet can be find by the Big Tree in the Ascension Cemetery and by the Air Conditioning Units in the back of Church at St. Bernard.

His Name Hallowed- An Outdoor Night of Music & Community This year's event features KTIS hit artist Seph Schlueter, whose song "Counting My Blessings" reached #1 on Christian radio. Seph's original band, Damascus Worship will open the night, and Catholic speaker Jeff Cavins will share an inspiring message. The evening ends with a sunset Adoration time on the football field! Tickets and details at info@hisnamehallowed.org

Faith Formation Update:

Congratulations to **Emma Panning** who took 1st place in the state of Minnesota for the Grades 3-4 age group for the Knights of Columbus **Keep Christ in Christmas** poster contest. Congratulations also goes to **Veronica Prosocki** for placing 2nd in the state for Grades 1-2. Awesome job!!

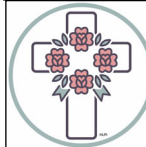
Church of Ascension

**Ascension Weekly Collection Report
Totals as of 05/24/2026**

Weekly Operating Budget:	\$ 3,182.70
Weekly Envelopes/Plate:	2,236.00
Weekly E-Giving:	1,535.00
Collections Budget YTD:	\$ 149,586.90
Actual Collection YTD:	\$ 148,681.98
Total Collected Over (Under) YTD:	\$ (904.92)
Capital Improvement Offering:	75.00
Capital Improvement-E-Giving:	200.00
Capital Improvement YTD:	\$ 10,596.00
Capital Campaign Total Raised So Far:\$399,920-182% Goal \$220,000.00.	



Interested in signing up for E-Giving or want to make a one time donation? Scan here to donate to the Church of the Ascension. Thank you for your generosity!



Please prayer for the repose of the soul of Norman Willems whose funeral was this past Tuesday. Please keep his family in your prayers during this time.

Church of St. Bernard

**St. Bernard Stewardship of Treasure
Totals as of 05/24/2026**

Weekly Operating Budget:	3,197.52
Weekly Envelopes/Plate	3,097.00
Weekly E-Giving	511.50
Collection Budget YTD:	175,669.17
Actual Collection YTD:	178,689.00
Total Collected Over (Under) YTD	3,019.83
Capital Improvement Offering:	135.00
Capital Improvement E-Giving	145.50
Capital Improvement YTD:	11,138.00
Capital Campaign Total Raised So Far:\$402,972 -155% Goal of \$260,000.00.	



Interested in signing up for E-Giving or want to make a one time donation? Scan here to donate to the Church of St. Bernard. Thank you for your generosity!

Little Prayers to the Sacred Heart

May the Sacred Heart of Jesus
be loved in every place.
Heart of Jesus, I put my trust in you.

Word of Life "Christ's blood reveals to man that his greatness, and therefore his vocation, consists in the sincere gift of self. ...It is from the blood of Christ that all draw the strength to commit themselves to promoting life. It is precisely this blood that is the most powerful source of hope, indeed it is the foundation of the absolute certitude that in God's plan life will be victorious."

Pope Saint John Paul II, *Evangelium vitae* © 1995, Libreria Editrice Vaticana.

Mass Ministry Schedule—June 13th, & 14th

Mass ministry	Ascension Sat. 5:00 pm	Ascension Sun. 8:00 am	St. Bernard Sun. 10:00 am
Sacristan	Rita Fahey	Kathy Kloempken	Doris Mielke
Servers	Hailey Stender & Payton Stender	Brianna Duenow & Jessica Duenow	Marshall Panning , Isaac Schrupp & Dan Worm
Reader	Janet Fahey	Cheryl Coyle	Patricia Quinn
EMHC	Curt Wilson (H); Cathleen Williams (C); Volunteer	Steve Helget (H); Steve Coyle (C); Steve Lemmer (C)	Pam Kunkel
Ushers	Dave Donnay & Rick Ulrich	Eugene Dvorak & Steve Schrupp	Dick Arnst & Bob Symanitz
Greeters	Volunteers	Grace Cook	Victoria Arnst
Homebound Ministers	N/A	Grp A: Rich & Sue Tellers Grp B: Tim George & Steve Lemmer	

Mass Times Intentions

Day	Date	Church	Intention
Monday	June 8		No Mass
Tuesday	June 9 6:15 pm	ASC.	For the Unborn
Wednesday	June 10 8:00 am	ST. B.	Elvira Winkler † & Mildred Paul †
Thursday	June 11 8:00 pm	ST. B.	Duane Wickenhauser †
Friday	June 12 8:00am	ASC.	For the Oppressed
Saturday	June 13 5:00 pm	ASC.	Dolores Bohlinger †
Sunday	June 14 8:00 am	ASC.	Mr. & Mrs. Arlan Dostal ††
Sunday	June 14 10:00 am	ST. B.	Jenny Dahl †

Readings for the week of June 7, 2026

Sunday: Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20/1 Cor 10:16-17/Jn 6:51-58
Monday: 1 Kgs 17:1-6/ Ps 121:1bc-2, 3-4, 5-6, 7-8/Mt 5:1-12 **Tuesday:** 1 Kgs 17:7-16/ Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16 **Wednesday:** 1 Kgs 18:20-39/ Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19 **Thursday:** Acts 11:21b-26; 13:1-3 (580)/Ps 65:10, 11, 12-13/Mt 5:20-26 **Friday:** Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10/1 Jn 4:7-16/Mt 11:25-30 **Saturday:** 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/ Mt 5:33-37 **Next Sunday:** Ex 19:2-6a/Ps 100:1-2, 3, 5/Rom 5:6-11/Mt 9:36-10:8

**Bulletin copy is due by
Thursdays @ NOON
for the bulletin
two weekends out;**

St. Bernard copy must be emailed to:
bulletin@st-bernard-cologne.org and
pquinn55322@hotmail.com
Ascension copy must be emailed to:
busadmin@ascensionya.org.
All inserts and weekend Mass announcements can be emailed or brought to the Parish office at St. Bernard or Ascension.
These are due Thursday of the weekend needed.

SACRAMENTS

Baptisms: By appointment.

Marriage Arrangements

The couple should contact the priest as soon as they become engaged. They must meet with the priest twice before setting a marriage date. These two meetings need to be completed 6 months before the proposed date.

Sacrament of Reconciliation

Ascension: Tues. 5:45pm - 6:05pm

St. Bernard: Wed: 7:30am-7:50am

Saturday: 4:30pm—4:50pm

at parish hosting the Mass

By appointment with Father- Call 952-856-1050

Communion for Homebound

Ascension - Sue Tellers.....612-247-6881

St. Bernard - Barb Knorr.....952-484-9628

Anointing of the Sick

Call the parish office at any time.

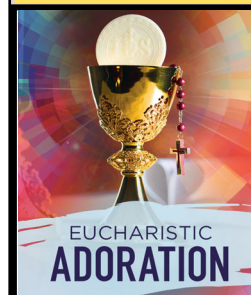
Eucharistic Adoration

Ascension

Every Tuesday
3:00 pm until 6:00 pm

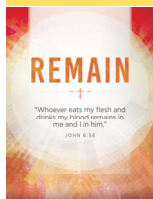
St. Bernard

Every Wednesday
2:00 until 6:00 pm



June 7, 2026

The Most Holy Body and Blood of Christ



When I was a young altar server, I once overheard two very different comments about the Eucharist. One person asked, “Is Father distributing the bread or the wine?” Later, another asked, “Can you go get Jesus from the tabernacle?” Same parish, same Mass, but two very different ways of speaking. I pondered: So, is it bread that we pretend is Jesus? Or is Jesus a tiny white thing in a box? I was utterly confused.

This Feast of Corpus Christi is an excellent time to think about how we should speak about the Eucharist. In today’s Gospel, Jesus declares: **“My flesh is true food, and my blood is true drink.”** (John 6:55) His words scandalized his listeners, who feared cannibalism, and even today puzzle many, who reduce them to metaphor. Both miss the truth.

The Church gives us better words that honor Jesus’ words in the Gospel. After the consecration, we do not call it “bread” or “wine.” Nor do we say, “a piece of Jesus” or even “Jesus.” We say: *the Eucharist*. We say: *the Body and Blood of Christ*. We say: *the Real Presence*. We say: *the Most Blessed Sacrament*. These words safeguard the astonishing reality that Christ himself is truly present, whole and entire, under the appearances of bread and wine.

If we speak well about the Eucharist, we will think more clearly and believe more deeply. And if we believe more deeply, we will adore more truly the One who gives himself to us — not bread, not wine, but Jesus Christ himself, whole and entire. — *Father John Muir* ©LPi